

Gemma Scott, aged nine, has hit a 'purple patch' with her reading – and it is great news.

Her mother Karen, from Townend Farm, Sunderland, says: "She said words were moving off the page and she was also having difficulty seeing the words on the classroom board .

"We knew something was wrong and we were determined to see if she could be helped. Luckily we were put in touch with Andrew Keyes, one of the few visual stress experts in the country, and underwent a lot of tests.

"These started out with various coloured layers to see which one worked for her.

Eventually we discovered that purple seemed to be the solution. She now has a pair of purple glasses and she is reading so much better. She is doing a lot of reading again and picking up books. It is really good and it has made a fantastic difference.

"She picked out High School Musical glasses and she loves them"