

Clear focus for Tom as he gets back to his favourite books

Tom Ryans, now aged 11, is back to reading his favourite books after the pages have become much clearer.

The fact that he is once again able to delve into Asterix, David Walliams and other comedy writing, is a major step forward after his vision improved following a series of special eye exercises.

Previously he could barely read at all as the letters kept jumping off the page and it was all a bit blurred. At school he was having difficulty looking at the white board and focussing on his work. But now those hazy days are behind him after a check-up with Andrew identified visual stress.

“Andrew had me looking at patterns on a page as well as identifying 3D images. I had to keep up the exercises at least two times a day for a long time but it is so much better now and it is good to be able to enjoy my favourite books again”

Mum, Fiona, added: “The exercises have helped enormously and made a huge difference. We knew Tom was having difficulty reading and also at school where he was having trouble on focussing on his work after looking at the white board.

“Andrew was a huge help in sorting it all out and I know that Tom’s quality of life is so much better now.”