



## Visual Stress pre-assessment questionnaire

Name:

Date of Birth:

Completion Date:

Please pick up a page of print that you would normally have difficulty reading. You may find some fonts harder to read than others. Please choose a page in a font that you find hard and that has dense print on the page. Thank you! 😊

Please consider the following questions and when answering think both about your normal experiences reading and the page in front of you:

	Please tick if answers in <b>bold</b> are given:
Do words on a page ever go <b>blurred</b> or do they look clear?	
Do words on a page <b>move or jump around</b> or do they look still?	
Do words go <b>smaller/bigger</b> when reading or seem a constant size?	
Do words <b>fade or disappear</b> when you are reading?	
Is the page black and white, or do words get <b>faint colours around them</b> ?	
Do lines of words seems <b>jumbled or bent</b> or sit in straight lines?	
Does the page appear calm or does it <b>flicker or flash</b> ?	
Do words on a page seem too far apart, <b>too close together</b> or is the spacing just right?	
Do the white spaces between words form <b>patterns</b> or appear to be randomly placed?	